

LONGITUDINAL SURVEY OF AGEING

Using a random sample of persons aged 65 and over in the region of East London and Essex, this longitudinal survey of successful aging analyzes the following health indicators: health status, service use, social support, ADL, life satisfaction, mental health and quality of life.

Listing of study variables & measurement of variables

Demographic:

- sex
- marital status
- ethnicity
- social class
- occupation
- income
- education
- type of residence
- household composition
- other

Social:

- family structure
- marital history
- social contacts
- family support
- social support

Lifestyle:

- exercise/physical activity
- leisure pursuits

Psychological:

- cognition
- life satisfaction etc.
- life events
- depression

Self-reported health:

- self-rated health
- physical health status
- basic ADL
- instrumental ADL
- mental health status x 2
- medication
- medical history

Endpoints:

- mental & physical health
- life satisfaction
- entry to long stay care
- death
- mortality
- cause of death